

## Unit 27 • Session 1

# Jesus' Resurrection

### **Bible Passage:**

Matthew 28; John 20

### **STORY POINT:**

God raised Jesus from the dead to defeat sin and death.

### **Key Passage:**

John 11:25

### **Big Picture Question:**

Where is Jesus now? Jesus ascended to heaven where He is seated at the right hand of the Father.

## **Review Questions**

Which woman was among the first people to learn of Jesus' resurrection? (*Mary Magdalene, Matt. 28:1*)

When Mary met Jesus, what did He tell her to do? (*go and tell the other disciples about His resurrection, Matt. 28:10*)

How did the religious leaders try to prevent people from learning about Jesus' resurrection? (*They bribed the soldiers to lie, saying the disciples stole the body; Matt. 28:12-15*)

Why is it important to know Jesus rose from the dead? *Guide kids to think about what Jesus' resurrection proved about His power over death. Had Jesus remained dead, it would show that His sacrifice was not perfect and did not fully pay for sin.*

What does it mean that Jesus defeated sin and death? *Guide kids to think about the control sin has over the lives of those who are lost. Discuss the phrase "dead in sin" and the implication that we are powerless against sin. Remind kids that sin leads to death, both physical (we all die eventually) and spiritual (we are separated from God). Jesus' victory over sin and*

*death means we will rise again to live forever with God in a perfectly restored world.*

How do you feel when you think about Jesus' resurrection?

*Guide kids to think through and process their emotions. Do they feel happy? Excited? Unsure? Remind kids that our feelings do not define what is true, but they can help us understand the truth of the gospel.*

Say • **God raised Jesus from the dead to defeat sin and death.**

Everyone who has faith in Jesus will live forever with God.

## **Activities**

### *One foot wobblers*

Instruct the kids to stand in a circle. When you say "go," kids will lift one foot. Whoever is able to stand on one foot the longest wins the game.

SAY • It was really difficult to stay standing on one foot for long.

Eventually, you had to put your other foot down. Today, we will learn about a time Jesus rose from the dead. He couldn't stay dead and had to rise again.

### *Trade backs*

Form four groups of kids. Instruct each group to complete a series of tasks:

Each team member must jump rope twice.

Flip a coin until it lands on heads five times (total, not in a row).

Roll a tennis ball under each player's legs.

Set aside the items needed for each team to complete the tasks: four jump ropes, four coins, and four tennis balls. Inform the teams that in order to use each item, they must trade one shoe to get their first item and must trade back each item to get the next. After completing all three tasks, each team will return its tennis ball to retrieve the player's shoe.

Say • Each time you needed an item, you had to trade something to

get it. At the end, you traded back the tennis ball to get your shoe again. This can help us think about our story today.

Jesus paid for our sin by laying down His life. After He died on the cross, He took His life up again. **God raised Jesus from the dead to defeat sin and death.** He traded His perfect life for our sinful ones, and as a result, we can live forever with God through faith in Jesus.