

IDC Childcare

Wellness Guidelines

Please do not bring your child to IDC childcare if your child has:

- Any common sign of illness. Symptoms include but are not limited to the following:
 - Thick nasal discharge or blocked nasal passages
 - Persistent cough
 - Sore throat
 - Drowsiness/lethargy
 - Body aches
 - Low appetite
 - Headache.

Note: A child may be allowed to return to childcare with lingering symptoms five days after the initial onset of symptoms or with a doctor's note if five days has not yet passed.

- Fever (over 100.4 degrees) within the past 24 hours
- Vomiting or diarrhea within the last 24 hours
- Any unexplained rash
- Any skin infection - boils, ringworm or impetigo
- Untreated pink eye or any other eye infection
- Any symptom of childhood diseases such as scarlet fever, German measles, mumps, chicken pox or whooping cough
- Any communicable disease
- Lice, including the presence of eggs or nits

If any of these symptoms are found present while your child is in childcare, you will be notified and asked to pick up your child. They may return to childcare when they have shown no symptoms for 24 hours prior to childcare.